

Liste des 14 allergènes principaux par recette - MARIE THERESE MAGNY

															
	Repas / Plat	Lait	Blé / Gluten	Oeuf	Poisson	Sulfites	Fruits à coques	Crustacés	Mollusques	Céleri	Soja	Arachides	Moutarde	Sésame	Lupin
	<b>Lundi 26 Janvier - Déjeuner</b>														
	Salade verte au maïs														
	Veloute de potiron		<span style="color: red;">X</span>												
	Farfalle all'estiva	<span style="color: red;">X</span>	<span style="color: red;">X</span>	<span style="color: red;">X</span>											
	Compote pommes bananes														
	Fromage blanc aux fruits		<span style="color: red;">X</span>												
	<b>Mardi 27 Janvier - Déjeuner</b>														
	Chou blanc vinaigrette						<span style="color: red;">X</span>						<span style="color: red;">X</span>		
	Pâté de foie		<span style="color: red;">X</span>	<span style="color: red;">X</span>			<span style="color: red;">X</span>				<span style="color: red;">X</span>		<span style="color: red;">X</span>		
	Nuggets de volaille			<span style="color: red;">X</span>											
	Pavé de colin à la provençale			<span style="color: red;">X</span>			<span style="color: red;">X</span>	<span style="color: red;">X</span>							
	Blé à la méditerranéenne			<span style="color: red;">X</span>											
	Epinards à la béchamel		<span style="color: red;">X</span>	<span style="color: red;">X</span>											
	Bleu		<span style="color: red;">X</span>												
	Fraidou		<span style="color: red;">X</span>												
	Yaourt nature sucré		<span style="color: red;">X</span>												
	<b>Jeudi 29 Janvier - Déjeuner</b>														
	Cordon bleu		<span style="color: red;">X</span>	<span style="color: red;">X</span>											
	Filet de colin aux épices		<span style="color: red;">X</span>	<span style="color: red;">X</span>		<span style="color: red;">X</span>									
	Ratatouille														
	Semoule Bio			<span style="color: red;">X</span>											
	Edam		<span style="color: red;">X</span>												
	Rouy		<span style="color: red;">X</span>												
	Yaourt nature sucré		<span style="color: red;">X</span>												
	Corbeille de fruits														
	Donuts		<span style="color: red;">X</span>	<span style="color: red;">X</span>							<span style="color: red;">X</span>				
	<b>Vendredi 30 Janvier - Déjeuner</b>														
	Fish and chips sauce tartare		<span style="color: red;">X</span>	<span style="color: red;">X</span>	<span style="color: red;">X</span>	<span style="color: red;">X</span>	<span style="color: red;">X</span>					<span style="color: red;">X</span>			
	Brunoise de légumes saveur orientale						<span style="color: red;">X</span>			<span style="color: red;">X</span>			<span style="color: red;">X</span>		

															
	Repas / Plat	Lait	Blé / Gluten	Oeuf	Poisson	Sulfites	Fruits à coques	Crustacés	Mollusques	Céleri	Soja	Arachides	Moutarde	Sésame	Lupin
	Riz pilaf														
	Edam		<b>X</b>												
	Fromage blanc nature		<b>X</b>												
	Compote pommes pêches														
	Crème dessert caramel		<b>X</b>												